

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
14/11/2022 05/12/2022 09/01/2023 30/01/2023	Hot dog in a roll Thick cut chips Baked beans	Mexican Beef Taco boat Rice Peas & Sweetcorn	Roast Chicken with Stuffing Creamed Potatoes Gravy Carrots & broccoli	Pasta bolognaise Garlic bread Mixed vegetables	Bubble Salmon Thick Cut chips Baked beans
Vegetarian option	Vegetarian hot dog Thick cut chips Baked beans	Mexican Bean taco boat Rice Peas & Sweetcorn	Glamorgan Slice Creamed potatoes Gravy Carrots & broccoli	Vegetable Pasta bolognaise Garlic bread Mixed vegetables	Margarita pizza Thick cut chips Baked beans
Sandwich or Jacket Potato	Cheese Sandwich Vegetable crudities	Jacket potato With cheese, beans or tuna Peas & Sweetcorn	Tuna Sandwich Carrot sticks	Jacket potato With cheese, beans or tuna Garlic bread Mixed Vegetables	Egg Sandwich Carrot sticks
Dessert	Flapjack Or Fruit wedges	Toffee Apple Crumble & Custard or Fruit wedges	Peach melba or Fruit wedges	Chocolate sponge with white sauce or Fruit wedges	Oaty cookie or Fruit wedges

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<p>21/11/2022 12/12/2022</p> <p>16/01/2023 06/02/2023</p>	<p>Cowboy brunch</p> <p>Pork sausage</p> <p>Scrambled egg</p> <p>Potato Waffles</p> <p>Baked Beans</p>	<p>Mild Fruity Chicken curry</p> <p>Rice</p> <p>Peas</p>	<p>Braised beef in Yorkshire pudding</p> <p>Creamed Potato</p> <p>Gravy</p> <p>Carrots & broccoli</p>	<p>Pork meatballs in a tomato sauce</p> <p>Pasta</p> <p>Mixed vegetables</p>	<p>Fish Fingers</p> <p>Thick Cut chips</p> <p>Baked beans</p>
<p>Vegetarian option</p>	<p>Veggie Cowboy brunch</p> <p>Veggie sausage</p> <p>Scrambled egg</p> <p>Potato Waffles</p> <p>Baked Beans</p>	<p>Sweet potato & chickpea curry</p> <p>Rice</p> <p>Peas</p>	<p>Lentil & vegetable bake</p> <p>Creamed potato</p> <p>Gravy</p> <p>Carrots & broccoli</p>	<p>Veggie balls in a tomato sauce</p> <p>Pasta</p> <p>Mixed vegetables</p>	<p>Margarita pizza</p> <p>Thick cut chips</p> <p>Baked beans</p>
<p>Sandwich or Jacket Potato</p>	<p>Cheese Sandwich</p> <p>Vegetable crudities</p>	<p>Jacket potato With cheese, beans or tuna</p> <p>Peas</p>	<p>Tuna Sandwich</p> <p>Carrot sticks</p>	<p>Jacket potato With cheese, beans or tuna</p> <p>Mixed Vegetables</p>	<p>Egg Sandwich</p> <p>Carrot sticks</p>
<p>Dessert</p>	<p>Jammy Bun</p> <p>or</p> <p>Fruit wedges</p>	<p>Fruit crumble & custard</p> <p>or</p> <p>Fruit wedges</p>	<p>Fruit yoghurt jelly</p> <p>or</p> <p>Fruit wedges</p>	<p>Syrup sponge & custard</p> <p>or</p> <p>Fruit wedges</p>	<p>Chocolate cookie</p> <p>or</p> <p>Fruit wedges</p>

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
07/11/2022 28/11/2022 19/12/2022 23/01/2023 13/02/2023	Fish fingers Creamed potatoes Baked Beans	Chicken wrap Thick Cut Chips Fruity coleslaw	Pork sausage Creamed Potatoes Gravy Carrots & broccoli	Lasagne Garlic bread Peas	Bubble Salmon Thick Cut chips Baked beans
Vegetarian option	Vegetable Grill Creamed potatoes Baked Beans	Cajun bean wrap Thick cut chips Fruity Coleslaw	Vegetable pie Creamed potatoes Gravy Carrots & broccoli	Cheese & tomato pasta bake Garlic bread Peas	Margarita pizza Thick cut chips Baked beans
Sandwich or Jacket Potato	Cheese Sandwich Vegetable crudities	Jacket potato With cheese, beans or tuna Fruity Coleslaw	Tuna Sandwich Carrot sticks	Jacket potato With cheese, beans or tuna Peas	Egg Sandwich Carrot sticks
Dessert	Lemon feather sponge & custard or Fruit wedges	Marbled muffin or Fruit wedges	Apple Rumble Pudding & Custard or Fruit wedges	Fruity yoghurt or Fruit wedges	Apple & sultana cookie or Fruit wedges